

The Spinal Cord Injury Zone

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Calendar

FEBRUARY 2011

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Stats

Total Stats
2,998 Posts
102 Tags
408 Comments

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Polls

What Level is Your Spinal Cord Injury?

- C1 - C3
- C4 - C7
- T1 - T6

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Florida Strength Training Facility Offering Hope for Worldwide Spinal Cord Injury and Stroke Clients

Published: January 26th, 2011 | Source: [neuroxcel.com](#)

NORTH PALM BEACH, FL – NeuroXcel is being sought after by people around the world who have suffered strokes, [spinal cord](#) injuries or other neurological disorders.

NeuroXcel is a unique and state-of-the-art strength training facility in Palm Beach County. All of their research-backed training [equipment](#) is used to help clients from Illinois, Michigan, North Carolina, Virginia, California, Canada, Trinidad, and Poland to optimize their recovery.

Clients who are accepted into the program must commit to a minimum of three months to the "C.A.S.T.®" Program or Comprehensive Activity-based Strength Training. Clients' weakened muscles are aggressively worked (robotic gait strengthening, aqua massage, repetitive treadmill stepping, weight bearing, etc.) to offer various levels of neuro-recovery.

Since opening less than two years ago, NeuroXcel has gained a world-wide reputation of helping people who have suffered some type of neurological accident or disorder. Currently there is a waiting list to be accepted into the program.

"NeuroXcel's model is based on key criteria for our clients: to build strength and ultimately help them gain [independence](#) and functionality," said NeuroXcel's CEO Thomas Mullin. "Our clients receive the most advanced neuro-recovery training under one roof, thus increasing the demand and the need for us to expand the program into future cities."

NeuroXcel's genesis was the result of an accident suffered by Thomas' brother, Kevin. In Oct. 2003 while swimming off the shores in Boca Raton, Kevin caught a wave and hit something which resulted in damaging his fifth cervical vertebrae and causing [paralysis](#) from the shoulders down. Kevin endured more than nine months in traditional rehabilitation/hospital settings, while the Mullin family moved Kevin from facility to facility to offer a multi-faceted approach to his weakening muscles. The events lead the Mullin brothers to embark on a quest to build a comprehensive strength training facility which would serve people who had suffered similar neurological injuries and disorders.

For more information about NeuroXcel and the "C.A.S.T.®" Program, please call 866-391-6247 or visit their website at [www.neuroxcel.com](#).

 (6 votes, average: 8.50 out of 10)

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- [Christopher & Dana Reeve Foundation Announces Expansion of NeuroRecovery Network](#)

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